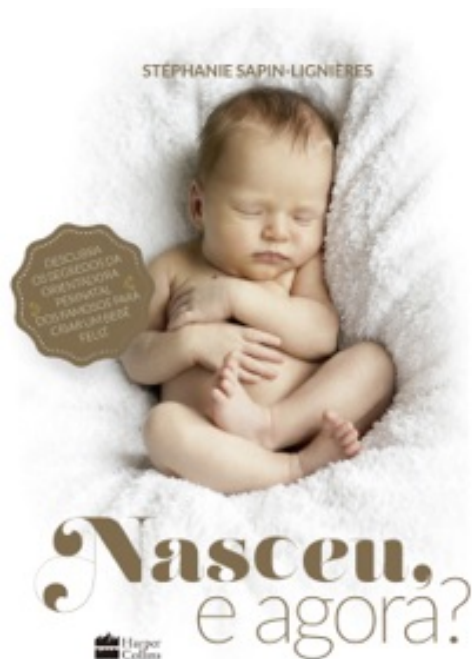


Ler Nasceu, E Agora? - Stéphanie Sapin-Lignières EBook Livre PDF/ePub/mobi/mp3/txt



ler Nasceu, e agora? Stéphanie Sapin-Lignières EBook livre PDF/ePub/mobi/mp3/txt, Alinne Moraes, Mateus Solano, Eduardo Moscovis e Thiago Lacerda são alguns famosos que recorreram à francesa Stéphanie Sapin-Lignières no primeiro ano de vida de seus rebentos. Parteira formada na França com estágio na clínica do mítico obstetra Frédérick Leboyer, papa dos partos humanizados, Stéphanie escolheu o Rio de Janeiro como endereço fixo. Ela já ajudou mais de cinco mil casais grávidos, antes, durante e depois do nascimento de seus filhos. Em sua casa-consultório na Zona Sul do Rio recebe, todos os dias, pais novatos pedindo ajuda para a amamentação, para o combate às cólicas, para curar bicos de peito machucados e seios empedrados, para garantir um sono tranquilo. Com sabedoria e serenidade, ela resolve todo tipo aflição que acomete familiares em fase de trocas de fraldas.

Em Nasceu, e agora? Stéphanie divide suas dicas com os leitores. Ideal para mães, pais, avós, tias, tios e babás,

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